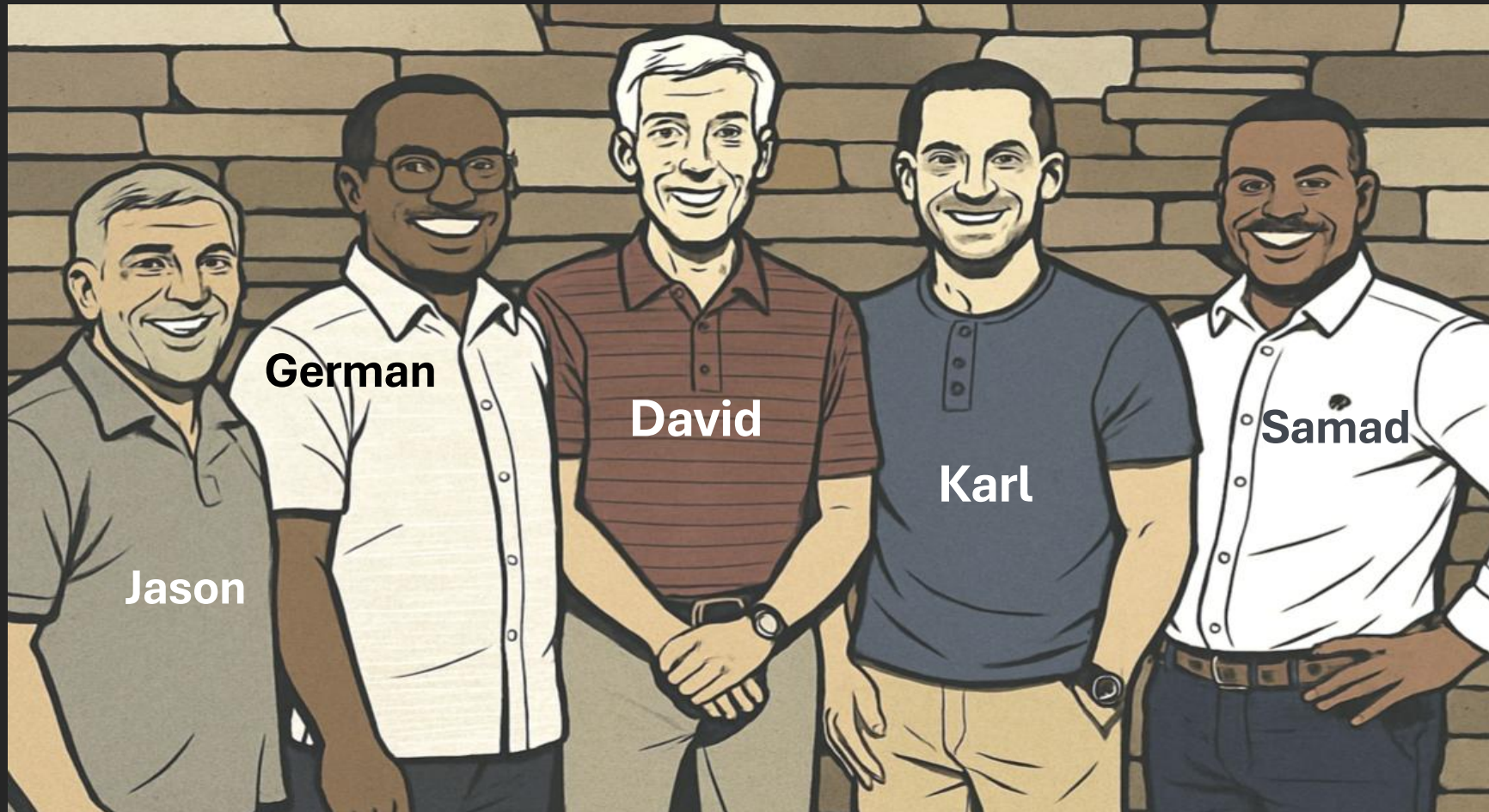


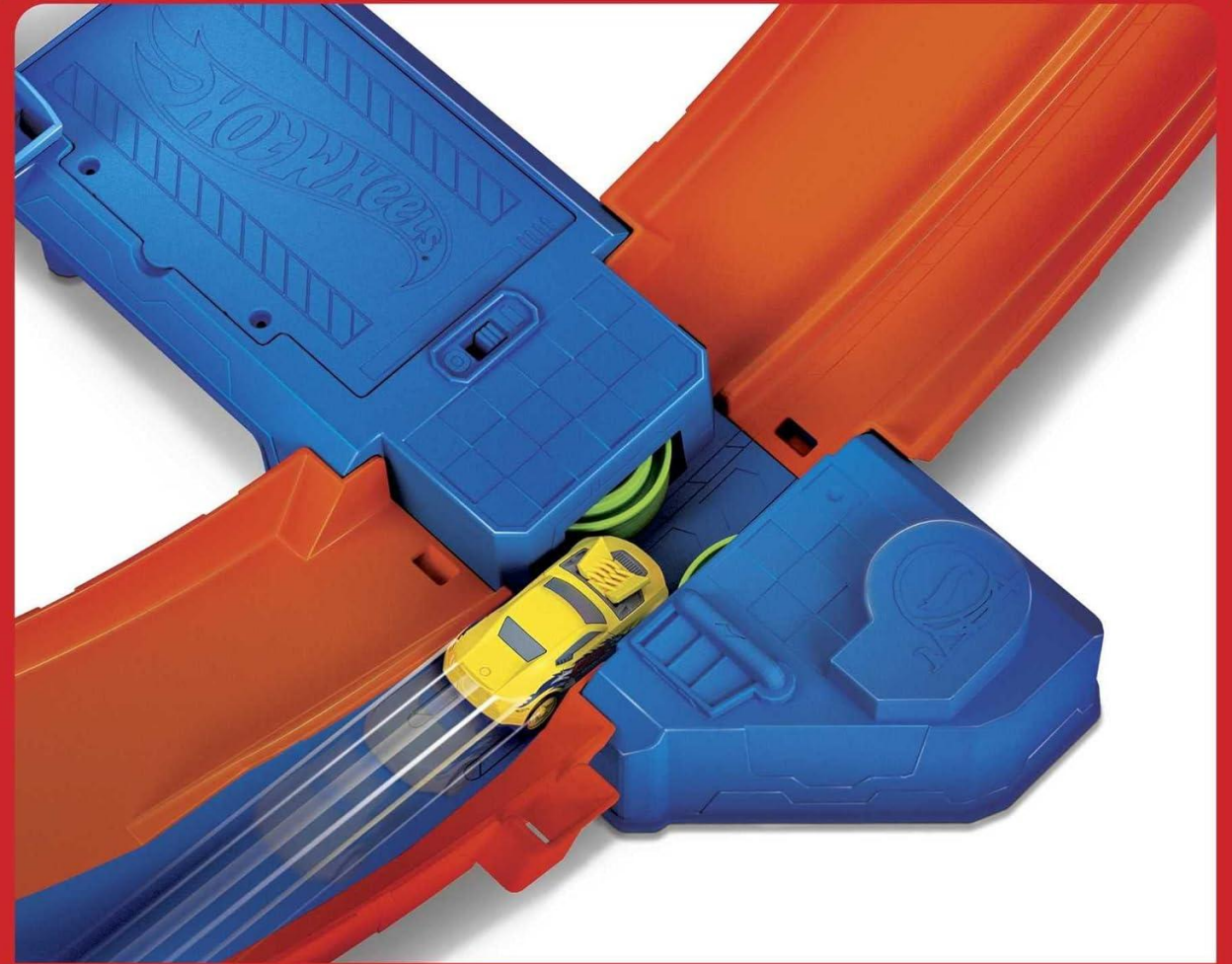
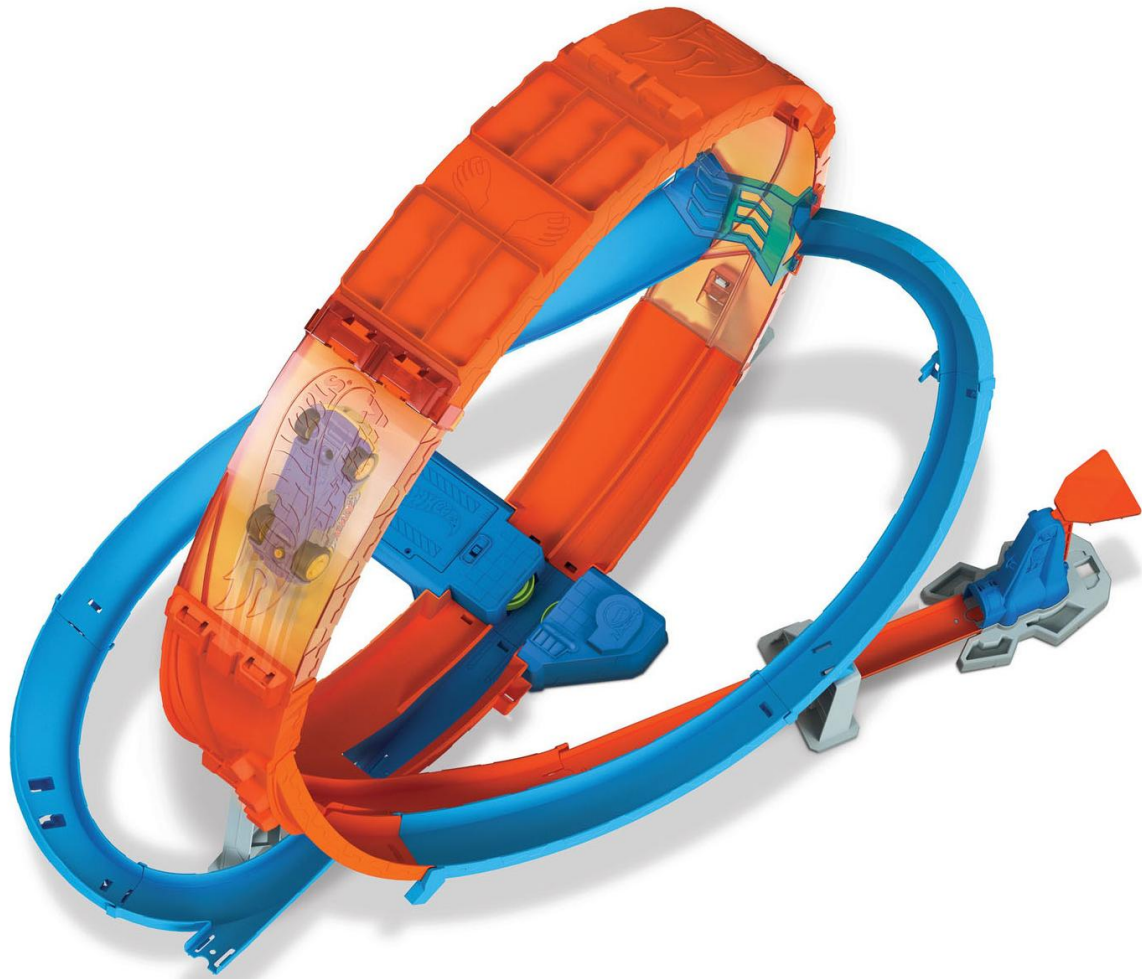
WELCOME GRIP MEN !

Spring 2026

Karl Reed

GRIP PLANNING TEAM!

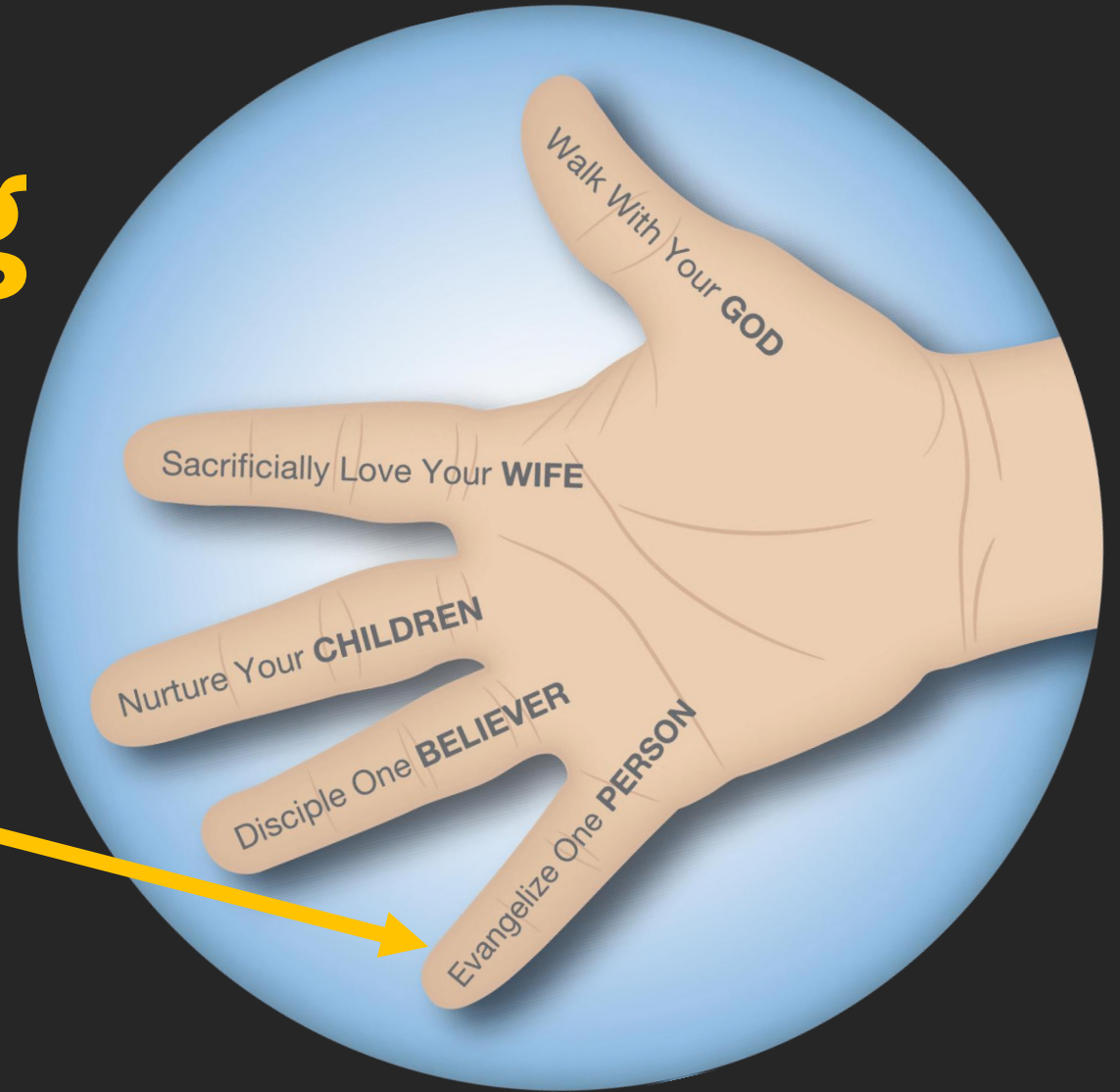




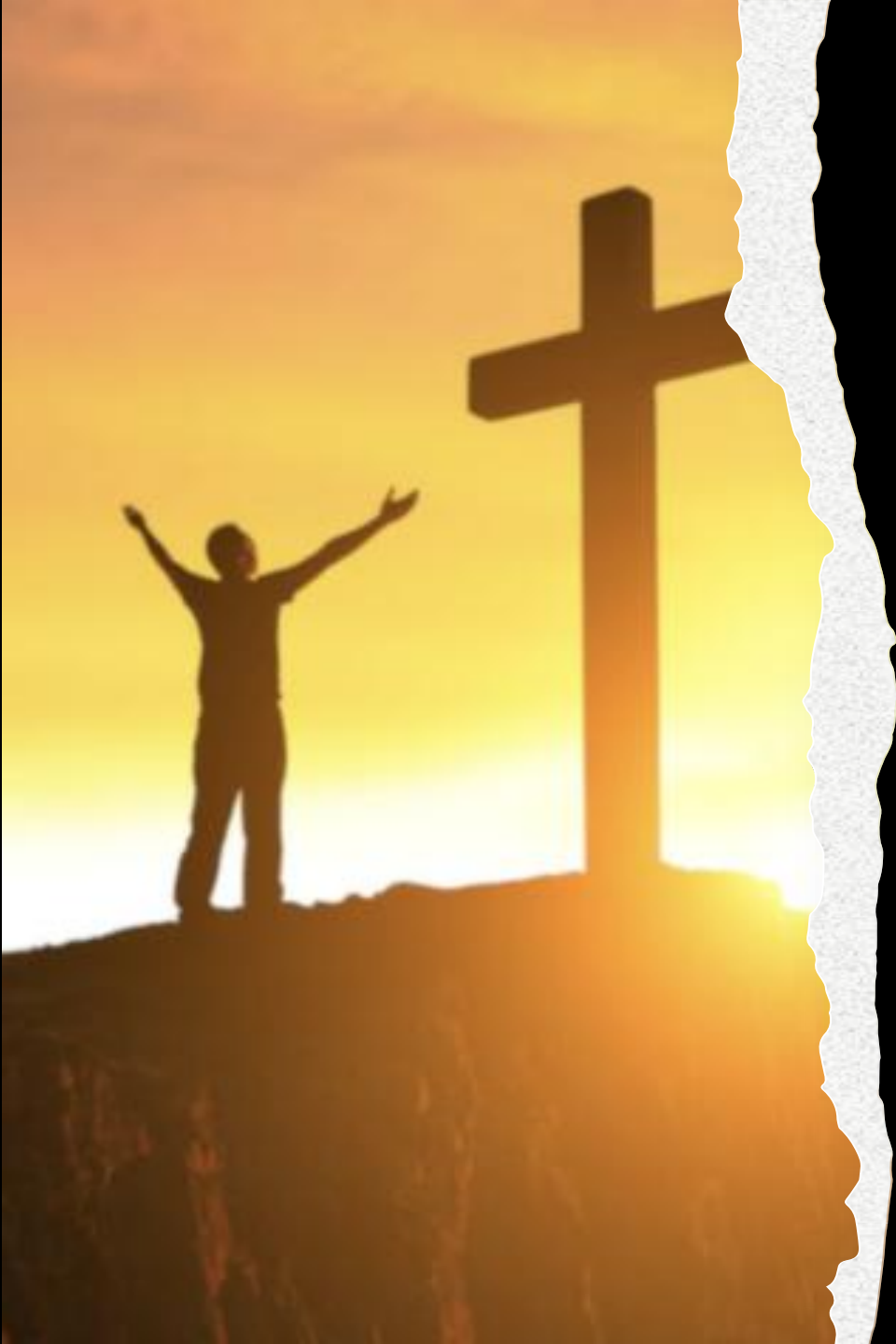
BOOST TO KEEP GOING!

GRIP: Spring 2026

Outreach Focus







COME TO THE CROSS

Samad Green

“But thanks be to God, who gives us the victory through our Lord Jesus Christ.” 1 Cor. 15:57





WHY WE BELIEVE IN THE PERSONAL RETREAT

David Andes



PERSONAL RETREAT

*“an extended,
unhurried,
uninterrupted time
alone with God.”*

A time to ponder your life before God with a listening heart and a posture to obey.



Why A Personal Retreat?

1) We are INVITED to retreat

“come with Me by
yourselves to a quiet place
and get some rest.” Mark
6:31

“Come to Me, all who are weary
and heavy-laden, and I will give
you rest. ... I am gentle and
humble in heart, and **YOU WILL
FIND REST FOR YOUR SOULS.**”

Matt 11:28-29

“God rewards those who seek
Him.” Hebrews 11:6

Why A Personal Retreat?

- 1) We are invited to retreat
- 2) We **NEED** to retreat



We have decisions
and life situations
where we need
clarity and *guidance*
and *courage*.

Why A Personal Retreat?

- 1) We are Invited to retreat
- 2) We need to retreat
- 3) Our heart **WANTS** a retreat

*“As the deer pants for the water, so
my soul pants for You, O God.”* Psalm
41:1

*“O God, You are my
God; I shall seek You
earnestly; My soul
thirsts for You, my flesh
yearns for You, In a dry
and weary land where
there is no water.”*

Psalm 63:1



“Draw near to God and He will draw near to you.” James 4:8

“The nearness of God is my good.”
Psalm 73:28

Why A Personal Retreat?

- 1) We are invited to retreat
- 2) We need to retreat
- 3) Our heart wants a retreat

“First time in my life when the noise in my head was silenced!”

“100% Life-changing. A must!”

“The closest I’ve ever truly felt to God.”

“The retreats make me stop and focus on my heart; a refreshment for my mind, heart, body, and soul.”

“While it seems like a lot of time, it goes by quickly.”

“The retreat guide is helpful while still giving the Holy Spirit room to guide the time.”

SMALL GROUP TIME

#1 - Nail down your plan for your personal retreat.

#2 - Share how God has gripped your heart the past 2 weeks.

We will close the evening from your small groups.