

# GRIP 2024 SPRING OVERVIEW

**PURPOSE OF GRIP** To provide a set of discipleship tracks where a Christ-following man can invest in another man for **100 days**. The Key dynamic is the Holy Spirit working in spiritually hungry men.

**EXPECTATIONS** Each season of GRIP discipleship revolves around:

- 1) **Meeting with God** - regular unhurried time alone with God in His Word 5X / week (GRIP Guide)
- 2) **Brother to Brother** – meet with GRIP brother(s) between gatherings - encourage, challenge, pray
- 3) **Personal Retreat** – set aside ~4-6 hrs. to listen to and enjoy God
- 4) **Action Points** – identify and pursue personal steps of obedience this season
- 5) **Gatherings** - Participate in **6** Monday night gatherings. Be ready to share, learn, minister.

**TIME/DATES** **6 Mondays 6:30-9:00pm. (2024) 2/5 SG 2/19 3/11 SG 3/25 4/15 SG 5/6**

**SG** = Small Group mtg

Note: there are only two weeks between the first two gatherings. Then, the overall rhythm of meeting every 3 weeks between gatherings except for where Easter falls. If you look at your calendar and see that you will miss 2 gatherings for sure over the season, we suggest doing GRIP off-line.

On Thurs, Jan 11, 6:30-8:00pm Small Group Shepherds huddle @ Crossroads – light meal included
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**LOCATION for Large Gatherings** Crossroads Church 2723 Ashland Rd, Columbia, SC 29210 (near I-20 / I-26). We will sit around tables and box dinners will be available.

**FINANCIAL INVESTMENT** We don't want finances to preclude any man. Some partial scholarships are available.

- ☐ Plan A **\$55** (GRIP fee only – *GRIP Guide*, Admin, bottled water, snacks, handouts, room set-up, etc)
- ☐ Plan B **\$100** (includes GRIP fee **AND** 3 healthy boxed meals)

## **MATERIAL**

- **The Bible.** The reading plan emphasizes the Bible book of **Matthew**.
- **GRIP Guide Spring 2024** - presents the flow, reading plan, journaling space, and special content.

**GATHERING FORMAT** On each of the Monday nights (6:30 - 9:00pm) we will...

- Fellowship over a meal around group tables
- “Come to the Cross” – align our hearts and respond in prayer
- Share in Small groups (Express what God impressed on us in our times alone with Him)
- Receive Equipping in areas specific to men – “**Outreach**” **will be an emphasis this spring**

**HOW TO ENROLL** Enrollment opens Friday, Dec 08, 2023. Enrollment closes **Wed, Jan 24<sup>th</sup>, 2024.**

1. Once you determine before the Lord that GRIP would be a useful set of tracks for a discipleship relationship with another man, then initiate with a particular man in your sphere of influence:

*“Would you like to partner with me in this GRIP season of discipleship?”*

2. Enroll online at **[grip.focusedliving.com](http://grip.focusedliving.com)**. (This WebApp can be used on computer, tablet, or phone)

During this online process you will:

- a. View an introductory video.
- b. Briefly explain why you want to be involved in GRIP.
- c. Provide the email addresses of your GRIP partner, your spouse, and a pastor/ church leader. (Automatic emails will be sent to these three soliciting their support.)
- d. Electronically select the payment method for the GRIP season.

*I purpose to allow God to fully grip my heart over the next 100 days. I acknowledge that...*

- *my growth is by God's grace and in the Spirit's power and not by my own strength (Col 2:19b; 1Cor 3:6).*
- *God's grace is not opposed to my effort in putting myself in a position to let God grow me (1Tim 4:15).*
- *Christianity is a team sport and I commit myself to my GRIP partner's spiritual success (Rom 1:12).*

**QUESTIONS** Contact Jason Yarborough [jason@focusedliving.com](mailto:jason@focusedliving.com) or 803-727-3313