

# GRIP 2021 FALL OVERVIEW



**PURPOSE OF GRIP** To provide a set of discipleship tracks where a Christ-following man can invest in another man for 100 days. The Key dynamic is the Holy Spirit working in spiritually hungry men.

**EXPECTATIONS** Each season of GRIP discipleship revolves around:

- 1) **Meeting with God** - regular unhurried time alone with God in His Word 5X / week (GRIP Guide)
- 2) **Brother to Brother** – meet with GRIP brother(s) between gatherings - encourage, challenge, pray
- 3) **Personal Retreat** – set aside ~4 hrs to listen to God with a view toward action points
- 4) **Action Points** – vigilantly pursue a few growth action points for this season
- 5) **Gatherings** - Participate in 6 Monday night gatherings. Be ready to share, learn, minister.

**TIME/DATES** 6 Mondays 6:30-9:00pm. (2021) 8/30, 9/13, 10/4, 10/25, 11/15, 12/6. Note: there are only two weeks between the first two gatherings. Then, the overall rhythm is every 3 weeks between gatherings. **The first, third, and fifth gatherings will be off-site small group gatherings with your GRIP Team.** If you look at your calendar and see that you will miss 2 gatherings for sure over the season, we suggest doing GRIP off-line.

On Monday Aug 9, 6:30-8pm we'll have training for small group shepherds this fall.

**LOCATION for Large Gatherings** Crossroads Church 2723 Ashland Rd, Columbia, SC 29210 (near I-20 / I-26). We will sit around tables and box dinners will be available.

**FINANCIAL COST** We don't want finances to preclude any man. Some partial scholarships are available.

- Plan A \$50 (GRIP fee only – GRIP Guide, Admin, bottled water, snacks, handouts, room set-up, etc)
- Plan B \$80 (includes GRIP fee AND 3 healthy boxed meals)

## MATERIAL

- **The Bible** will be primary. Reading plan: Galatians plus Bible passages related to Fruit of the Spirit.
- **grip.focusedliving.com app** – The Action Points feature of this WebApp helps us think about, record and share personal action points to focus on this season.
- **GRIP Guide Fall 2021-** presents the flow, reading plan, journaling space, and special content.

**MONTHLY GATHERING FORMAT** On each of the Monday nights (6:30 - 9:00pm) we will...

- "Come to the Cross" – align our hearts and respond in prayer
- Share in Small groups (successes, failures, updates on action points, Bible application)
- Receive Equipping in areas specific to men – **"Family Relationships" will be our emphasis**

**HOW TO ENROLL** Enrollment opens **WED, Jul 14**. Enrollment closes **WED, Aug 18**.

**We will limit GRIP enrollment to 80 men.**

1. Once you determine before the Lord that GRIP would be a useful set of tracks for a discipleship relationship with another man, then initiate with a particular man in your sphere of influence:  
*"Would you like to partner with me in this GRIP season of discipleship?"*
2. Enroll online at **grip.focusedliving.com**. (This WebApp can be used on computer, tablet, or phone)  
During this process you will:
  - a. View an introductory video
  - b. Explain why you want to be involved in GRIP
  - c. Provide the email address of your GRIP partner, your spouse, and a pastor/ church leader. Automatic emails will be sent to these three soliciting their approval.
  - d. Electronically pay for the GRIP season

*I purpose to allow God to fully grip my heart. I acknowledge that...*

- *my growth is by God's grace and in the Spirit's power and not by my own strength (Col 2:19b; 1Cor 3:6).*
- *God's grace is not opposed to my effort in putting myself in a position to let God grow me (1Tim 4:15).*
- *Christianity is a team sport and I commit myself to my GRIP partner's spiritual success (Rom 1:12).*

**QUESTIONS** Contact David Andes at [david@focusedliving.com](mailto:david@focusedliving.com) OR 803 665-6751